

MERS-CoV Infection Prevention Guidance for People Traveling to the Middle East

Period

Preventive Steps



Before Travel

- People with weakened immune response (i.e., people aged over 65, children, pregnant women, and cancer patients) and people with pre-existing conditions (i.e., diabetes, high blood pressure, and heart disease) are advised not to travel to high-risk areas.



- Avoid visiting farms, close contact with camels, eating camel meat, or drinking camel milk.



- Avoid visiting crowded places if possible. (If unavoidable, wear a mask.)
- Avoid personal contact with people with fever or respiratory symptoms.



During Travel



- Wash your hands often with soap and water.
- If soap is not available, use an alcohol-based hand sanitizer.



- Cover your mouth and nose with your sleeve when you cough or sneeze.
- If you have respiratory symptoms, wear a mask.



- Avoid touching your eyes, nose, and mouth with unwashed hands.



After Travel

- If you develop **fever and respiratory symptoms** (i.e., cough and shortness of breath) within 14 days after traveling from the Middle East, **do not visit a healthcare provider**; instead, contact the KCDC Call Center at **1339**.

